



BrainSmart Assessments

This guide provides a comparative overview of BrainSmart's NBI (Neethling Brain Instrument) assessments. Use this document to quickly compare which assessment will provide the information you require to gain insight into cognitive preferences.

Assessment Comparison

Assessment Name	Best For	Typical Age Group	Main Purpose	Key Benefits
NBI Junior Brain Assessment	Younger learners beginning their academic journey	±7-12 years	Identify early thinking and learning preferences	Builds strong learning foundations, supports parents and teachers in guiding development
NBI Youth Brain Assessment	Primary and high school learners	±13-18 years	Understand thinking preferences and learning styles	Improves study methods, builds confidence, supports academic success
NBI Whole Brain Assessment (Adult)	Adults, students, and professionals	18+ years	Gain insight into thinking patterns and decision-making	Enhances career clarity, communication, and personal growth

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NBI Career and Study Direction Assessment	Senior learners and young adults	± 15–25 years	Identify suitable career and study pathways	Supports informed career decisions and tertiary planning
NBI Subject Choice Assessment	Learners choosing Grade 10 subjects	Typically Grade 9	Align subject choices with strengths and thinking style	Prevents incorrect subject choices and supports long-term academic success

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NBI Study Methods Assessment	Learners struggling academically	± 10–18 years	Identify effective study strategies based on thinking style	Improves memory, focus, and academic performance
NBI Personal Development Assessment	Individuals seeking personal insight	16+ years	Increase self-awareness and personal direction	Helps individuals overcome feeling stuck and improve decision-making
NBI Leadership Development Assessment	Leaders and aspiring leaders	18+ years	Understand leadership style and strengths	Improves leadership effectiveness and team communication

Summary

In summary, BrainSmart's NBI assessments offer a comprehensive toolkit for understanding cognitive preferences. Each assessment is tailored to specific needs, age groups, and purposes, providing valuable insights for personal and professional development.

Explore the full range of BrainSmart Assessments on our website or contact us for a consultation to determine the best assessment for your needs.